

# MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li>For more information on upcoming runs/races/walks please visit: <a href="http://www.honolulu.gov/cms-dts-menu/site-dts-sitearticles/983-site-dts-usage-cat/site-dts-usage-2017-cat/25884-mar.html">http://www.honolulu.gov/cms-dts-menu/site-dts-sitearticles/983-site-dts-usage-cat/site-dts-usage-2017-cat/25884-mar.html</a></li> <li>For information on Ku'i Kalo Night Please visit <a href="http://www.huimalamaokekai.org/">http://www.huimalamaokekai.org/</a></li> <li><b>Waimanalo Market Co-Op</b> is located at the old Mel's market (in between McDonald's and `Ai Love Nalo)</li> <li>Fall registration for <b>Kailua Rec Center/Waimanalo District Park/Beach Park</b> are still being accepted. Visit <a href="http://parks.honolulu.gov/sdi/home.html">http://parks.honolulu.gov/sdi/home.html</a> for more information or call ph. 259-8926</li> </ul> <p><b>*Waimanalo Health Center events take place at the Goebert Learning Center (GLC), Niu Conference Room (NIU) or WIC Family Room</b></p>			<p>1  <b>BP &amp; Pre-Diabetes Screening</b> 9:30-11am, WHC GLC (Free)  <b>Breastfeeding Support Group</b> 10-10:30am, WIC Family Room  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light)  <b>E Ola Pono Farmers Market</b> (\$-Food) 11a-1pm, WHC GLC  <b>Windward Mall Farmers Market</b> (\$-Food) 2:30-7:30pm  <b>Hui Ola</b> (Keiki wellness class) 2:45-4:15pm, NIU (Free)  <b>Creative Dance, Kids &amp; Adults</b> 3:15-4:15pm  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)  <b>Line Dance, Beginner</b> 6-8pm</p>	<p>2  <b>People's Open Market</b> (\$-Food) 7:15-8:15am, Waimanalo Beach Park            9-10am, Kailua District Park            10:45-11:45am, Kaneohe District Park  <b>La'au Lapa'au</b> (Hawaiian Herbal medicine class) 10-11:30am, GLC (Free)  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Kailua Town Farmers Market</b> (\$-Food) 5-7:30pm  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Hula, Keiki</b> 6:30-7:30p</p>	<p>3  <div style="text-align: center;"><b>WHC CLOSED</b> <b>ANNUAL STAFF MAKAHIKI</b></div> <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)  <b>Soccer, Indoor 1 (8-12 y/o)</b> 3-4pm  <b>Soccer, Indoor 2 (13-17 y/o)</b> 4-5:30pm  <b>Line Dance, Intermediate</b> 6:30-8:30pm</p>	<p>4  <b>Haleiwa Triathlon</b>, 6-8am, Haleiwa Beach Park (\$), POC: Chris Gardner 372-8885  <b>Mahiku Farmers Market</b> (\$-Food) 8am-2pm, Benjamin Parker Elementary            4-8pm, Windward United Church of Christ  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm</p>
<p>5  <b>Hawaii Pacific Health Women's 10K Run</b>, 7-9am, Kalakaua Ave. (\$), POC: KC Carlburg 946-0346  <b>Kailua Farmers Market</b> (\$-Food) 8:30-12pm, Kailua Elementary  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-5pm  <b>Windward Mall Farmers Market</b> (\$-Food) 9:45am-2pm, Macy's Wing</p>	<p>6  <b>I Ka `Olelo</b>, Hawaiian language class, 9-10am, NIU  <b>I Ka Hula</b>, Hula &amp; Polynesian dance, 10-11am, NIU  <b>Malama Pono`I</b> (Diabetes Prevention Program) 10am-12pm, GLC (Free)  <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light)  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Makanalani Farmers Market</b> (\$-Food) 4-8pm, Olomana Golf  <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)  <b>Basketball 2, Beg (10-14y/o)</b> 3:50-4:45pm</p>	<p>7  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Houpo Pono</b> (Diabetes Class) 2:30-4:30pm, NIU (Free)  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>La'au Lapa'au</b> (Hawaiian Herbal medicine class) 6:30-8pm, GLC (Free)  <b>Hula, Adults</b> 7-8pm</p>	<p>8  <b>Happy &amp; Hapai</b> 10-10:30am, WIC Family Room  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light)  <b>E Ola Pono Farmers Market</b> (\$-Food) 11a-1pm, WHC GLC  <b>Windward Mall Farmers Market</b> (\$-Food) 2:30-7:30pm  <b>Hui Ola</b> (Keiki wellness class) 2:45-4:15pm, NIU (Free)  <b>Creative Dance, Kids &amp; Adults</b> 3:15-4:15pm  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)  <b>Alive &amp; Limber</b> 4 to 5pm  <b>Line Dance, Beginner</b> 6-8pm</p>	<p>9  <b>People's Open Market</b> (\$-Food) 7:15-8:15am, Waimanalo Beach Park            9-10am, Kailua District Park            10:45-11:45am, Kaneohe District Park  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Kailua Town Farmers Market</b> (\$-Food) 5-7:30pm  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Hula, Keiki</b> 6:30-7:30p</p>	<p>10  <b>Malama Pono`I</b> (Diabetes Prevention Program) 9-10:30am, GLC (Free)  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light)  <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)  <b>Soccer, Indoor 1 (8-12 y/o)</b> 3-4pm  <b>Soccer, Indoor 2 (13-17 y/o)</b> 4-5:30pm  <b>Line Dance, Intermediate</b> 6:30-8:30pm</p>	<p>11  <b>Mahiku Farmers Market</b> (\$-Food) 8am-2pm, Benjamin Parker Elementary            4-8pm, Windward United Church of Christ  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm</p>
<p>12  <b>Pineapple Sprint Road Race</b>, 5:30-10:30am, Haleiwa Town (\$), POC: Monique van der Aa 294-2561  <b>Honolulu Rainbow Ekiden Race</b>, 5:30-10:30am, Kapiolani Park (\$), POC: Glenn Kosuge 921-1795  <b>Kailua Farmers Market</b> (\$-Food) 8:30-12pm, Kailua Elementary  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-5pm  <b>Windward Mall Farmers Market</b> (\$-Food) 9:45am-2pm, Macy's Wing</p>	<p>13  <b>I Ka `Olelo</b>, Hawaiian language class, 9-10am, NIU  <b>I Ka Hula</b>, Hula &amp; Polynesian dance, 10-11am, NIU  <b>Malama Pono`I</b> (Diabetes Prevention Program) 10am-12pm, GLC (Free)  <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light)  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Makanalani Farmers Market</b> (\$-Food) 4-8pm, Olomana Golf  <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)  <b>Basketball 2, Beg (10-14y/o)</b> 3:50-4:45pm</p>	<p>14  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Houpo Pono</b> (Diabetes Class) 2:30-4:30pm, NIU (Free)  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>La'au Lapa'au</b> (Hawaiian Herbal medicine class) 6:30-8pm, GLC (Free)  <b>Hula, Adults</b> 7-8pm</p>	<p>15  <b>BP &amp; Pre-Diabetes Screening</b> 9:30-11am, WHC GLC (Free)  <b>Breastfeeding Support Group</b> 10-10:30am, WIC Family Room  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light)  <b>E Ola Pono Farmers Market</b> (\$-Food) 11a-1pm, WHC GLC  <b>Windward Mall Farmers Market</b> (\$-Food) 2:30-7:30pm  <b>Hui Ola</b> (Keiki wellness class) 2:45-4:15pm, NIU (Free)  <b>Creative Dance, Kids &amp; Adults</b> 3:15-4:15pm  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)  <b>Alive &amp; Limber</b> 4 to 5pm  <b>Line Dance, Beginner</b> 6-8pm</p>	<p>16  <b>People's Open Market</b> (\$-Food) 7:15-8:15am, Waimanalo Beach Park            9-10am, Kailua District Park            10:45-11:45am, Kaneohe District Park  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Kailua Town Farmers Market</b> (\$-Food) 5-7:30pm  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Hula, Keiki</b> 6:30-7:30p</p>	<p>17  <b>Cribs for Kids</b> 10-11am, NIU (Call WIC for more details to register 259-7940)  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light)  <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)  <b>Soccer, Indoor 1 (8-12 y/o)</b> 3-4pm  <b>Soccer, Indoor 2 (13-17 y/o)</b> 4-5:30pm  <b>Line Dance, Intermediate</b> 6:30-8:30pm</p>	<p>18  <b>Mahiku Farmers Market</b> (\$-Food) 8am-2pm, Benjamin Parker Elementary            4-8pm, Windward United Church of Christ  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm</p>
<p>19  <b>Kailua Farmers Market</b> (\$-Food) 8:30-12pm, Kailua Elementary  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-5pm  <b>Windward Mall Farmers Market</b> (\$-Food) 9:45am-2pm, Macy's Wing</p>	<p>20  <b>I Ka `Olelo</b>, Hawaiian language class, 9-10am, NIU  <b>I Ka Hula</b>, Hula &amp; Polynesian dance, 10-11am, NIU  <b>Malama Pono`I</b> (Diabetes Prevention Program) 10am-12pm, GLC (Free)  <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light)  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Makanalani Farmers Market</b> (\$-Food) 4-8pm, Olomana Golf  <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)  <b>Basketball 2, Beg (10-14y/o)</b> 3:50-4:45pm</p>	<p>21  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Houpo Pono</b> (Diabetes Class) 2:30-4:30pm, NIU (Free)  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Hula, Adults</b> 7-8pm</p>	<p>22  <b>Happy &amp; Hapai</b> 10-10:30am, WIC Family Room  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light)  <b>E Ola Pono Farmers Market</b> (\$-Food) 11a-1pm, WHC GLC  <b>Windward Mall Farmers Market</b> (\$-Food) 2:30-7:30pm  <b>Creative Dance, Kids &amp; Adults</b> 3:15-4:15pm  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)  <b>Alive &amp; Limber</b> 4 to 5pm  <b>Line Dance, Beginner</b> 6-8pm</p>	<p>23  <b>People's Open Market</b> (\$-Food) 7:15-8:15am, Waimanalo Beach Park            9-10am, Kailua District Park            10:45-11:45am, Kaneohe District Park  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Kailua Town Farmers Market</b> (\$-Food) 5-7:30pm  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Hula, Keiki</b> 6:30-7:30p</p>	<p>24  <b>Malama Pono`I</b> (Diabetes Prevention Program) 9-10:30am, GLC (Free)  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light)  <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)  <b>Soccer, Indoor 1 (8-12 y/o)</b> 3-4pm  <b>Soccer, Indoor 2 (13-17 y/o)</b> 4-5:30pm  <b>Line Dance, Intermediate</b> 6:30-8:30pm</p>	<p>25  <b>Mahiku Farmers Market</b> (\$-Food) 8am-2pm, Benjamin Parker Elementary            4-8pm, Windward United Church of Christ  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm</p>
<p>26  <b>Kailua Farmers Market</b> (\$-Food) 8:30-12pm, Kailua Elementary  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-5pm  <b>Windward Mall Farmers Market</b> (\$-Food) 9:45am-2pm, Macy's Wing</p>	<div style="text-align: center;"><b>WHC CLOSED</b></div> <div style="text-align: center;"><b>PRINCE KUHIO DAY</b></div>	<p>28  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Houpo Pono</b> (Diabetes Class) 2:30-4:30pm, NIU (Free)  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Hula, Adults</b> 7-8pm</p>	<p>29  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light)  <b>E Ola Pono Farmers Market</b> (\$-Food) 11a-1pm, WHC GLC  <b>Windward Mall Farmers Market</b> (\$-Food) 2:30-7:30pm  <b>Creative Dance, Kids &amp; Adults</b> 3:15-4:15pm  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)  <b>Alive &amp; Limber</b> 4 to 5pm  <b>Line Dance, Beginner</b> 6-8pm</p>	<p>30  <b>People's Open Market</b> (\$-Food) 7:15-8:15am, Waimanalo Beach Park            9-10am, Kailua District Park            10:45-11:45am, Kaneohe District Park  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Kailua Town Farmers Market</b> (\$-Food) 5-7:30pm  <b>Boxing, Keiki and Adults</b> 4-6pm  <b>Hula, Keiki</b> 6:30-7:30p</p>	<p>31  <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm  <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light)  <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)  <b>Soccer, Indoor 1 (8-12 y/o)</b> 3-4pm  <b>Soccer, Indoor 2 (13-17 y/o)</b> 4-5:30pm  <b>Line Dance, Intermediate</b> 6:30-8:30pm</p>	