


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>2 Kailua Farmers Market (\$\$-Food) 8:30-12pm, Kailua Elementary Windward Mall Farmers Market (\$\$-Food) 9:45am-2pm, Macy's Wing</p>	<p>3 Aerobics 1 9-10am Yoga 2, Body & Brain 10:30-11:30am I Ka `Olelo, Hawaiian language class, 9-10am, NIU I Ka Hula, Hula & Polynesian dance, 10-11am, NIU Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Boxing, Keiki and Adults 4-6pm Makanalani Farmers Market (\$\$-Food) 4-8pm, Olomana Golf Course</p>	<p>4 WHC CLOSED Epilepsy Foundation Freedom Run 7-9am Kailua 4th of July Independence Day Parade 10-12noon Kailua 4th of July Fireworks Display 8pm-830pm Ala Moana 4th of July Fireworks Display 6pm-11pm</p>	<p>5 Aerobics 2 9-10am Breastfeeding Support Group 10-10:30am, WIC Family Room BP & Pre-Diabetes Screening 10-11:30am, WHC GLC (Free) Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) E Ola Pono Farmers Market (\$\$-Food) 10a-1pm, WHC GLC Windward Mall Farmers Market (\$\$-Food) 2:30-7:30pm Boxing, Keiki and Adults 4-6pm Crossfit 5-6:30pm, Kaiona Beach Park (Free) Alive & Limber 4 to 5pm Line Dance, Beginner 6-8pm</p>	<p>6 People's Open Market (\$\$-Food) 7:15-8:15am, Waimanalo Beach Park 9-10am, Kailua District Park 10:45-11:45am, Kaneohe District Park Kailua Town Farmers Market (\$\$-Food) 5-7:30pm Boxing, Keiki and Adults 4-6pm</p>	<p>7 Aerobics 3 9-10am Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Line Dance, Intermediate 6:30-8:30pm</p>	<p>8 Mahiku Farmers Market (\$\$-Food) 8am-2pm, Benjamin Parker Elementary 4-8pm, Windward United Church of Christ</p>
<p>9 Kailua Farmers Market (\$\$-Food) 8:30-12pm, Kailua Elementary Windward Mall Farmers Market (\$\$-Food) 9:45am-2pm, Macy's Wing</p>	<p>10 Aerobics 1 9-10am Yoga 2, Body & Brain 10:30-11:30am I Ka `Olelo, Hawaiian language class, 9-10am, NIU I Ka Hula, Hula & Polynesian dance, 10-11am, NIU Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Boxing, Keiki and Adults 4-6pm Makanalani Farmers Market (\$\$-Food) 4-8pm, Olomana Golf Course</p>	<p>11 Stretch & Dance Club 8:30-9:30am Boxing, Keiki and Adults 4-6pm</p>	<p>12 Aerobics 2 9-10am Houpo Pono (Diabetes Group Class), 9:30-11:30a, NIU Happy & Hapai 10-10:30am, WIC Family Room Breastfeeding: Back to Basics 11:30am-2:00pm NIU Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) E Ola Pono Farmers Market (\$\$-Food) 10a-1pm, WHC GLC Windward Mall Farmers Market (\$\$-Food) 2:30-7:30pm Boxing, Keiki and Adults 4-6pm Crossfit 5-6:30pm, Kaiona Beach Park (Free) Alive & Limber 4 to 5pm Line Dance, Beginner 6-8pm</p>	<p>13 People's Open Market (\$\$-Food) 7:15-8:15am, Waimanalo Beach Park 9-10am, Kailua District Park 10:45-11:45am, Kaneohe District Park Kailua Town Farmers Market (\$\$-Food) 5-7:30pm Boxing, Keiki and Adults 4-6pm</p>	<p>14 Aerobics 3 9-10am Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Line Dance, Intermediate 6:30-8:30pm</p>	<p>15 Mahiku Farmers Market (\$\$-Food) 8am-2pm, Benjamin Parker Elementary 4-8pm, Windward United Church of Christ</p>
<p>16 Kailua Farmers Market (\$\$-Food) 8:30-12pm, Kailua Elementary Windward Mall Farmers Market (\$\$-Food) 9:45am-2pm, Macy's Wing Lanikai Bike Path 8K Run 7am-9:30am</p>	<p>17 Aerobics 1 9-10am Yoga 2, Body & Brain 10:30-11:30am I Ka `Olelo, Hawaiian language class, 9-10am, NIU I Ka Hula, Hula & Polynesian dance, 10-11am, NIU Malama Pono`i (Diabetes Prevention Program) 10am-12pm, GLC (Free) Yoga with Laurie Freed 11am-12Noon, GLC (Free) Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Boxing, Keiki and Adults 4-6pm Makanalani Farmers Market (\$\$-Food) 4-8pm, Olomana Golf Course</p>	<p>18 Stretch & Dance Club 8:30-9:30am Boxing, Keiki and Adults 4-6pm</p>	<p>19 Aerobics 2 9-10am Houpo Pono (Diabetes Group Class), 9:30-11:30a, NIU Breastfeeding Support Group 10-10:30am, WIC Family Room BP & Pre-Diabetes Screening 10-11:30am, WHC GLC (Free) Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) E Ola Pono Farmers Market (\$\$-Food) 10a-1pm, WHC GLC Windward Mall Farmers Market (\$\$-Food) 2:30-7:30pm Boxing, Keiki and Adults 4-6pm Crossfit 5-6:30pm, Kaiona Beach Park (Free) Alive & Limber 4 to 5pm Line Dance, Beginner 6-8pm</p>	<p>20 People's Open Market (\$\$-Food) 7:15-8:15am, Waimanalo Beach Park 9-10am, Kailua District Park 10:45-11:45am, Kaneohe District Park Kailua Town Farmers Market (\$\$-Food) 5-7:30pm Boxing, Keiki and Adults 4-6pm</p>	<p>21 Aerobics 3 9-10am Cribs for Kids 10-11am, NIU (Call WIC for more details to register 259-7940) Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Line Dance, Intermediate 6:30-8:30pm</p>	<p>22 Mahiku Farmers Market (\$\$-Food) 8am-2pm, Benjamin Parker Elementary 4-8pm, Windward United Church of Christ Red Carpet Fun Run 9am-12noon</p>
<p>23 Cliff Regsbee Tinman Triathlon 5:20am-11am Kailua Farmers Market (\$\$-Food) 8:30-12pm, Kailua Elementary Windward Mall Farmers Market (\$\$-Food) 9:45am-2pm, Macy's Wing</p>	<p>24 Aerobics 1 9-10am Yoga 2, Body & Brain 10:30-11:30am I Ka `Olelo, Hawaiian language class, 9-10am, NIU I Ka Hula, Hula & Polynesian dance, 10-11am, NIU Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Boxing, Keiki and Adults 4-6pm Makanalani Farmers Market (\$\$-Food) 4-8pm, Olomana Golf Course</p>	<p>25 Stretch & Dance Club 8:30-9:30am Boxing, Keiki and Adults 4-6pm</p>	<p>26 Aerobics 2 9-10am Houpo Pono (Diabetes Group Class), 9:30-11:30a, NIU Happy & Hapai 10-10:30am, WIC Family Room Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) E Ola Pono Farmers Market (\$\$-Food) 10a-1pm, WHC GLC Windward Mall Farmers Market (\$\$-Food) 2:30-7:30pm Boxing, Keiki and Adults 4-6pm Crossfit 5-6:30pm, Kaiona Beach Park (Free) Alive & Limber 4 to 5pm Line Dance, Beginner 6-8pm</p>	<p>27 People's Open Market (\$\$-Food) 7:15-8:15am, Waimanalo Beach Park 9-10am, Kailua District Park 10:45-11:45am, Kaneohe District Park Kailua Town Farmers Market (\$\$-Food) 5-7:30pm Boxing, Keiki and Adults 4-6pm</p>	<p>28 Aerobics 3 9-10am Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Line Dance, Intermediate 6:30-8:30pm</p>	<p>29 Mahiku Farmers Market (\$\$-Food) 8am-2pm, Benjamin Parker Elementary 4-8pm, Windward United Church of Christ</p>
<p>30 Kailua Farmers Market (\$\$-Food) 8:30-12pm, Kailua Elementary Windward Mall Farmers Market (\$\$-Food) 9:45am-2pm, Macy's Wing</p>	<p>31 Aerobics 1 9-10am Yoga 2, Body & Brain 10:30-11:30am I Ka `Olelo, Hawaiian language class, 9-10am, NIU I Ka Hula, Hula & Polynesian dance, 10-11am, NIU Walking Group 12:05-12:40 pm (WHC-Meet at Stop Light) Boxing, Keiki and Adults 4-6pm Makanalani Farmers Market (\$\$-Food) 4-8pm, Olomana Golf Course</p>	<ul style="list-style-type: none"> For more information on upcoming runs/races/walks please visit: http://www.honolulu.gov/cms-dts-menu/site-dts-sitearticles/983-site-dts-usage-cat/site-dts-usage-2017-cat/25919-july-2.html Waimanalo Market Co-Op is located at the old Mel's market (in between McDonald's and `Ai Love Nalo), and open Tuesday through Saturday 10a-7p, Sundays from 10am-5pm, and CLOSED Mondays. Summer registration for Kailua Rec Center/Waimanalo District Park/Beach Park are still being accepted. Visit http://parks.honolulu.gov/sdi/home.html for more information or call ph. 259-8926 <p style="text-align: center;">Waimanalo Health Center events take place at the Goebert Learning Center (GLC), Niu Conference Room (NIU) or WIC Family Room</p>				