


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 I Ka `Olelo, Hawaiian language class, 9-10am, NIU I Ka Hula, Hula &amp; Polynesian dance, 10-11am, NIU <a href="#">Malama Pono`i (Diabetes Prevention Program)</a> 10am-12pm, GLC (Free) <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light) <b>Boxing, Keiki and Adults</b> 4-6pm <b>Makanalani Farmers Market</b> (\$-Food) 4-8pm, Olomana Golf <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)</p>	<p>2 <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Boxing, Keiki and Adults</b> 4-6pm <b>Hula, Adults</b> 7-8pm</p>	<p>3 <b>Breastfeeding Support Group</b> 10-10:30am, WIC Family Room <b>BP &amp; Pre-Diabetes Screening</b> 9:30-11am, WHC GLC (Free) <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light) <b>E Ola Pono Farmers Market</b> (\$-Food) 11a-1pm, WHC GLC <b>Windward Mall Farmers Market</b> (\$-Food) 2:30-7:30pm <b>Hui Ola (Keiki Wellness Class)</b> 2:45-4:15pm, NIU (Free) <b>Boxing, Keiki and Adults</b> 4-6pm <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free) <b>Alive &amp; Limber</b> 4 to 5pm <b>Line Dance, Beginner</b> 6-8pm</p>	<p>4 <b>People's Open Market</b> (\$-Food) 7:15-8:15am, Waimanalo Beach Park 9-10am, Kailua District Park 10:45-11:45am, Kaneohe District Park <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Kailua Town Farmers Market</b> (\$-Food) 5-7:30pm <b>Boxing, Keiki and Adults</b> 4-6pm <b>Hula, Keiki</b> 6:30-7:30p</p>	<p>5 <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light) <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free) <b>Line Dance, Intermediate</b> 6:30-8:30pm</p>	<p>6 <b>Mahiku Farmers Market</b> (\$-Food) 8am-2pm, Benjamin Parker Elementary 4-8pm, Windward United Church of Christ <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm</p>
<p>7 <b>Malaekahana State Time Trial Championship</b>, 7-10am, (\$), POC: William Lezzer 292-0560 <b>Kailua Farmers Market</b> (\$-Food) 8:30-12pm, Kailua Elementary <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-5pm <b>Windward Mall Farmers Market</b> (\$-Food) 9:45am-2pm, Macy's Wing</p>	<p>8 I Ka `Olelo, Hawaiian language class, 9-10am, NIU I Ka Hula, Hula &amp; Polynesian dance, 10-11am, NIU <a href="#">Malama Pono`i (Diabetes Prevention Program)</a> 10am-12pm, GLC (Free) <b>Yoga with Laurie Freed</b> 11am-12Noon, GLC (Free) <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light) <b>Boxing, Keiki and Adults</b> 4-6pm <b>Makanalani Farmers Market</b> (\$-Food) 4-8pm, Olomana Golf <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)</p>	<p>9 <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Boxing, Keiki and Adults</b> 4-6pm <b>Hula, Adults</b> 7-8pm</p>	<p>10 <b>Happy &amp; Hapai</b> 10-10:30am, WIC Family Room <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light) <b>E Ola Pono Farmers Market</b> (\$-Food) 11a-1pm, WHC GLC <b>Windward Mall Farmers Market</b> (\$-Food) 2:30-7:30pm <b>Hui Ola (Keiki Wellness Class)</b> 2:45-4:15pm, NIU (Free) <b>Boxing, Keiki and Adults</b> 4-6pm <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free) <b>Alive &amp; Limber</b> 4 to 5pm <b>Line Dance, Beginner</b> 6-8pm</p>	<p>11 <b>People's Open Market</b> (\$-Food) 7:15-8:15am, Waimanalo Beach Park 9-10am, Kailua District Park 10:45-11:45am, Kaneohe District Park <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Kailua Town Farmers Market</b> (\$-Food) 5-7:30pm <b>Boxing, Keiki and Adults</b> 4-6pm <b>Hula, Keiki</b> 6:30-7:30p</p>	<p>12 <a href="#">Malama Pono`i (Diabetes Prevention Program) &amp; Forward Motion with Kukana (Hula/Zumba style workout)</a> 9-10:30am, GLC (Free) <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light) <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free) <b>Line Dance, Intermediate</b> 6:30-8:30pm</p>	<p>13 <b>Wahiawa Pineapple Run</b>, 5am-12Noon, Mahele St. (\$), POC: Ronnie Payad 477-7904 <b>Mahiku Farmers Market</b> (\$-Food) 8am-2pm, Benjamin Parker Elementary 4-8pm, Windward United Church of Christ <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm</p>
<p>14 <b>Honolulu Triathlon Race</b>, 5:45-10am, Ala Moana Blvd (\$), POC: JJ Johnson 782-2161 <b>Bill Beauchamp Pearl Harbor Bike Path 10K Run</b>, 7-9:30am, Lehua Ave (\$), POC: Joan Davis 535-9070 <b>Kailua Farmers Market</b> (\$-Food) 8:30-12pm, Kailua Elementary <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-5pm <b>Windward Mall Farmers Market</b> (\$-Food) 9:45am-2pm, Macy's Wing</p>	<p>15 I Ka `Olelo, Hawaiian language class, 9-10am, NIU I Ka Hula, Hula &amp; Polynesian dance, 10-11am, NIU <a href="#">Malama Pono`i (Diabetes Prevention Program)</a> 10am-12pm, GLC (Free) <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light) <b>Boxing, Keiki and Adults</b> 4-6pm <b>Makanalani Farmers Market</b> (\$-Food) 4-8pm, Olomana Golf <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)</p>	<p>16 <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Boxing, Keiki and Adults</b> 4-6pm <b>Hula, Adults</b> 7-8pm</p>	<p>17 <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Breastfeeding Support Group</b> 10-10:30am, WIC Family Room <b>BP &amp; Pre-Diabetes Screening</b> 9:30-11am, WHC GLC (Free) <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light) <b>E Ola Pono Farmers Market</b> (\$-Food) 11a-1pm, WHC GLC <b>Windward Mall Farmers Market</b> (\$-Food) 2:30-7:30pm <b>Hui Ola (Keiki Wellness Class)</b> 2:45-4:15pm, NIU (Free) <b>Boxing, Keiki and Adults</b> 4-6pm <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free) <b>Alive &amp; Limber</b> 4 to 5pm <b>Line Dance, Beginner</b> 6-8pm</p>	<p>18 <b>People's Open Market</b> (\$-Food) 7:15-8:15am, Waimanalo Beach Park 9-10am, Kailua District Park 10:45-11:45am, Kaneohe District Park <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Kailua Town Farmers Market</b> (\$-Food) 5-7:30pm <b>Boxing, Keiki and Adults</b> 4-6pm <b>Hula, Keiki</b> 6:30-7:30p</p>	<p>19 <b>Cribs for Kids</b> 10-11am, NIU (Call WIC for more details to register 259-7940) <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light) <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free) <b>Line Dance, Intermediate</b> 6:30-8:30pm</p>	<p>20 <b>38<sup>th</sup> Annual Visitor Industry Charity Walk</b>, 6am-1pm, McCoy Pavillion (\$), POC: Jared Higashi 923-0407 <b>Mahiku Farmers Market</b> (\$-Food) 8am-2pm, Benjamin Parker Elementary 4-8pm, Windward United Church of Christ <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm</p>
<p>21 <b>North Shore Triathlon</b>, 6-10am, Mokuleia Beach Park (\$), POC: Chris Gardner 372-8885 <b>Kailua Farmers Market</b> (\$-Food) 8:30-12pm, Kailua Elementary <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-5pm <b>Windward Mall Farmers Market</b> (\$-Food) 9:45am-2pm, Macy's Wing</p>	<p>22 I Ka `Olelo, Hawaiian language class, 9-10am, NIU I Ka Hula, Hula &amp; Polynesian dance, 10-11am, NIU <a href="#">Malama Pono`i (Diabetes Prevention Program)</a> 10am-12pm, GLC (Free) <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light) <b>Boxing, Keiki and Adults</b> 4-6pm <b>Makanalani Farmers Market</b> (\$-Food) 4-8pm, Olomana Golf <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free)</p>	<p>23 <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Boxing, Keiki and Adults</b> 4-6pm <b>Hula, Adults</b> 7-8pm</p>	<p>24 <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Happy &amp; Hapai</b> 10-10:30am, WIC Family Room <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light) <b>E Ola Pono Farmers Market</b> (\$-Food) 11a-1pm, WHC GLC <b>Windward Mall Farmers Market</b> (\$-Food) 2:30-7:30pm <b>Hui Ola (Keiki Wellness Class)</b> 2:45-4:15pm, NIU (Free) <b>Boxing, Keiki and Adults</b> 4-6pm <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free) <b>Alive &amp; Limber</b> 4 to 5pm <b>Line Dance, Beginner</b> 6-8pm</p>	<p>25 <b>People's Open Market</b> (\$-Food) 7:15-8:15am, Waimanalo Beach Park 9-10am, Kailua District Park 10:45-11:45am, Kaneohe District Park <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Kailua Town Farmers Market</b> (\$-Food) 5-7:30pm <b>Boxing, Keiki and Adults</b> 4-6pm <b>Hula, Keiki</b> 6:30-7:30p</p>	<p>26 <a href="#">Malama Pono`i (Diabetes Prevention Program) &amp; Forward Motion with Kukana (Hula/Zumba style workout)</a> 9-10:30am, GLC (Free) <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Yoga with Laurie Freed</b> 10:45-11:15am, GLC (Free) <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light) <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free) <b>Line Dance, Intermediate</b> 6:30-8:30pm</p>	<p>27 <b>Mahiku Farmers Market</b> (\$-Food) 8am-2pm, Benjamin Parker Elementary 4-8pm, Windward United Church of Christ <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm</p>
<p>28 <b>Hibiscus Half Marathon</b>, 6-9am, Kapiolani Park (\$), POC: Raul Torres 223-2622 <b>Kailua Farmers Market</b> (\$-Food) 8:30-12pm, Kailua Elementary <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-5pm <b>Windward Mall Farmers Market</b> (\$-Food) 9:45am-2pm, Macy's Wing</p>	<p style="text-align: center;"><b>WHC CLOSED MEMORIAL DAY</b></p>	<p>30 <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Boxing, Keiki and Adults</b> 4-6pm <b>Hula, Adults</b> 7-8pm</p>	<p>31 <b>Waimanalo Market Co-Op</b> (\$-Food) 10am-7pm <b>Walking Group</b> 12:05-12:40 pm (WHC-Meet at Stop Light) <b>E Ola Pono Farmers Market</b> (\$-Food) 11a-1pm, WHC GLC <b>Windward Mall Farmers Market</b> (\$-Food) 2:30-7:30pm <b>Boxing, Keiki and Adults</b> 4-6pm <b>Crossfit</b> 5-6:30pm, Kaiona Beach Park (Free) <b>Alive &amp; Limber</b> 4 to 5pm <b>Line Dance, Beginner</b> 6-8pm</p>	<ul style="list-style-type: none"> <li>For more information on upcoming runs/races/walks please visit: <a href="http://www.honolulu.gov/cms-dts-menu/site-dts-sitearticles/983-site-dts-usage-cat/site-dts-usage-2017-cat/25888-may.html">http://www.honolulu.gov/cms-dts-menu/site-dts-sitearticles/983-site-dts-usage-cat/site-dts-usage-2017-cat/25888-may.html</a></li> <li>For information on Ku`i Kalo Night Please visit <a href="http://www.huimalamaoekai.org/">http://www.huimalamaoekai.org/</a></li> <li><b>Waimanalo Market Co-Op</b> is located at the old Mel's market (in between McDonald's and `Ai Love Nalo)</li> <li>Summer registration for <b>Kailua Rec Center/Waimanalo District Park/Beach Park</b> has started! Visit <a href="http://parks.honolulu.gov/sdi/home.html">http://parks.honolulu.gov/sdi/home.html</a> for more information or call ph. 259-8926</li> </ul> <p><b>Waimanalo Health Center events take place at the Goebert Learning Center (GLC), Niu Conference Room (NIU) or WIC Family Room</b></p>		